Subject: UUCB's Beacon on the Hill Newsletter, Jan. 2016

From: beacon@uucb.org
Date: 12/23/15 4:53 PM
To: jimg@well.com

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The mission of our congregation is to create loving community, inspire spiritual growth, and encourage lives of integrity, joy, and service.

Beacon On The Hill

The monthly newsletter of the Unitarian Universalist Church of Berkeley

Vol. 75, Issue 1 - January 2016

From Our Minister's Desk, January, 2016

Rev. Greg S. Ward, Interim Minister

Dear Friends.

There's something that's important to know about me that I haven't, often, shared with people. For years, it's felt like a secret I couldn't tell anyone. Now, it seems so obvious as to not be worth mentioning. Yet, when people learn this about me, they express surprise.

An early observation I made growing up was how often I felt afraid. Little things. Big things. Constant, persistent, hard-to-ignore-fear. I remember feeling afraid of not getting my parent's approval ... of not doing well in school or sports – or even ordinary conversations (being too quiet ... too needy ... not kind or funny enough). I feared my performance would decide whether my family would stick by me, whether I'd have friends or, later, whether someone would hire me.



Feeling afraid took up so much room in my consciousness, it sometimes merged with my identity. I caught myself saying what I hear many people now say: "I am afraid" – as though I'd finally become the fear itself.

Feeling afraid lasted a very long time. In fact – and here's my great confession – it's never gone away. There are many moments I still hear familiar voices inside me offering warnings or judgments about rejection. These voices are deeply ingrained. The people who once spoke them are long gone. Yet, sadly, I carry on the mantras they taught me to say.

But a few things have changed from when I was young. For one thing, I've begun to trust our first principle – to believe worth and dignity are inherent and not earned through performance or bestowed by others.

And I've learned to step beyond the fear – not because the fear has shrunk. But because my courage has grown. Courage, I've learned, comes not when the fear is gone, but when we learn to be true to something more important than fear. Courage is the energy within fear that's been liberated.

This month, our theme is courage and some courageous conversations are planned. On January 3, Nick Allen is in our pulpit. Nick is 24 years old and a student at MIT, but his power as a leader and truth-teller is known from his years as a continental youth representative. He will talk about the future of youth, UUism and this church. You don't want to miss it.

The Transition Team and Family Ministry will co-facilitate a Congregational Conversation on January 10 between our elders (leaders/owners) and our young people (future) about how we might transition from UUCB's past to its future.

On January 17, we will have a service entitled "Strange Fruit" followed by a conversation about our interest in exploring how racism affects us all.

Albus Dumbledore highlights the importance of courageous conversations when he tells young Harry Potter, "It takes courage to stand up to our enemies, but just as much to stand up to our friends." I believe we have the courage to recognize a great number of things more important than fear that will help us grow.

To the Glory of Life.

Reflections on Family Ministry, January 2016

Merrin Clough, Director of Family Ministry

The New Year is here and with it comes a focus on the future. Not the far off pie in the sky future, but the up and coming tomorrow just around the corner. We're talking about the stuff of New Year's resolutions. It seems to be the time of year when we put a little elbow grease into our dreams. Mix up a little honesty with the idealism of who we want to become and, even if just in a small way, try to change the shape of our lives into something just a bit better.

Certainly in this interim transition at UUCB there has been lots of change fueled by hopes and hard work. As we pin up new calendars in anticipation of 2016, the arrival of a new minister seems just around the corner. I imagine some are excited, some are weary, many just waiting. Definitely a new minister will bring blessings and guidance for our community, but no magic wand to point us in the direction of our greatest potential. That's our job.



We are the ones we've been waiting for. It's true. But the trick is how to be the "We" that that statement sings of, not just a few hundred people who happen to go to the same church. In my experience vision for the future begins with trusting relationships. For us, in particular, relationships across generations are our lifeline as a religious community. Connections between 17 year olds and 70 year olds. Bonds that are kindled by sharing meaningful experiences. By having courageously honest dialog about who we are and who we want to become. By naming frankly our hopes and fears, gifts and challenges. Then when we are ready, by trusting one another to move together into an uncertain future.

This month at UUCB we are focusing on fostering just these kinds of relationships. Join us on January 3 for a special worship led by Nick Allen, a national UU luminary young adult. Nick will speak to us about the imperative of building bridges across generations for the future vitality of our faith and the world. Afterwards you can join us for a conversation (and snacks!) with Nick in the Fireside Room.

On January 10 (12:15 to 2:30) the monthly Congregational Conversation will focus on Building a Bridge to Our Future. The session is an opportunity for youth, elders, and invested members to voice their hopes for UUCB's future and to listen deeply to one another's aspirations, gifts, and challenges.

Also this month, our new youth adult leadership team is gearing up. This emerging group will:

- Guide our programs for middle and high schoolers
- · Give voice to youth in the wider church and community
- Grow leadership with a focus on faith formation
- Practice healthy intergenerational cooperation

To jumpstart this new group, we're working with four local churches and our Regional Youth Specialist Eric Bliss to create a Youth Ministry Laboratory. This "Lab" aims to enrich our congregations by strengthening youth adult partnerships and equipping leadership teams to explore the leading edge of our faith. This month our church hosts a goal setting retreat focused on honing the capacity and vision of participating teams. Over the course of nine months, consultants will coach us towards our goals and help us troubleshoot challenges. Then in September 2016 the Lab will culminate at the regional Youth Ministry Summit in Portland, Oregon. Thank you to the UUCB Endowment for partially funding this innovative project!

It's a month of big possibilities and a bit of elbow grease. So come bring your voice to the conversation and help us build the relationships that will bridge the generations at UUCB and lead us into the future.

Congregational Conversation: Building a Bridge to Our Future

Rev. Greg S. Ward

Co-Sponsored by the Transition Team and Family Ministry

January 10, 12:15-2:30 pm

This conversation will be a little different than previous ones. We will use a "fishbowl" format to listen carefully to different groups within the church to try to understand deeply about their observations, feelings, needs and requests of this congregation and of Unitarian Universalism in general.

We are in a very important time of transition in this congregation and in our larger world. Powerful things are changing. What we do as members and leaders of UUCB makes a difference. This congregation is made up of very different generations of people with very different perspectives, feelings, needs and requests. But we don't stop to hear or understand where our diversity – and our commonalities – can be useful. We also don't always pay close enough attention to understand when assumptions or ignored needs can feel alienating or disheartening. If UUCB's—and UUism's—best future will come through figuring out how to work together, we need to leverage our diversity as an asset and maximize our cooperation and collaboration.

The three groups we'll be creating (and you are encouraged to self-identify) are:

- 1. Elders and Longtime Members— these are people who have for many years supported this (or other UU) congregation(s) through volunteering and/or financial support (people who represent those who got us here)
- 2. Youth and Young Adults these are people who either grew up in or recently came to the church who are in touch with new ideas about how the world works and what it needs (people who represent the future)
- 3. Forward-Looking UUs these are the people who've bought in to UUism as "powerful," "essential," but can also see its struggles and

challenges (people who can help build the bridge)

Each group, represented by 3 to 5 people (?), will give voice to the following questions:

- Tell us your hope for UUCB's future. What guiding vision do we need in order to honor your part of us as we grow together?
- What unique gifts does your group offer that other groups should know about? What unique needs and challenges do they need to understand about you?
- What are UUCB's and UUism's greatest obstacles if it hopes to be relevant in the future?

This will be a fascinating conversation that you won't want to miss. If you would be interested in playing a role in one of these groups, let Merrin or Rev. Greg know by January 3.

Coordinating Team, January 2016

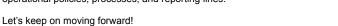
Lisa Maynard, Convener

Happy New Year! The CT looks forward to new possibilities and projects as well as continuing some of the work we began earlier. As we open ourselves to visions of what we can accomplish during 2016, we'll also be opening our new terrace doors and reacquainting ourselves with our beloved view towards the bay!

From the CT's operational point of view, two big themes for early 2016 are safety and clarity.

The CT will continue to work towards the safety of our community by studying the recommendations and policies developed by the Congregational Safety Task Force, and figuring out how to incorporate them into daily operations. We will protect our property and our resources by planning operational improvements in conjunction with our dedicated staff, and by working on a budget plan for 2016-17 with our dedicated Treasurer.

As we do this important planning, we will also renew our dedication to clarifying, documenting, and communicating operational policies, processes, and reporting lines.



(Yes, that **is** a reference to the Stewardship campaign! Read about it elsewhere in this Beacon.)

The Coordinating Team meets on the first and third Wednesdays of each month from 3:30 to 5:30 pm. If you're interested in attending, please contact me to verify our schedule and meeting place.



Joanne Wile, Convener

The Program Council continues to explore what to do about the 9 am Sunday service. We need to be prepared for a spike in attendance and membership next fall after our new minister arrives. We don't want visitors turned off by thinking the parking lot or sanctuary are too full. We need to aim for a membership of at least 450 in order to stay on top of facilities maintenance costs, and we hope to grow much more. At our January 20 meeting we will hear from the Growth Strategy Team their ideas about revising our Sunday schedule, and on February 21 there will be a Congregational Conversation to review the pros and cons of various options and get your feedback.

We are also hoping to sponsor some interesting programs on leadership as personal growth on Wednesday evenings, possibly this spring and definitely in the fall.

The Program Council meets on the third Wednesday of each month, 7:30-9:30 pm in the Safir Room. Members of the congregation are welcome to observe meetings.



Board of Trustees, January 2016

Deborah Schmidt, President

Christmas Eve (sung to Dark of Winter)

I remember Christmas Eves with light from bonfires glistening on snowy old adobe walls, on lifted faces listening, following the Virgin home, the voices carried by the drumming, Winter can steal everything and leave the icy branches, where we lost birds forget to sing, afraid of taking chances. But loving hands will brave the cold to ease the fears that would undo us

songs as ancient as the earth or as winter's coming.

And I remember Christmas Eves when all lay hushed and gleaming, gifts beneath the fragrant tree, children softly dreaming, while we, awake, with waiting hearts, returned to hope and to believing, opening the door to love, to giving and receiving.

and free the very breath within, that music may come through us.

That is why our Christmas Eves will ever make my heart sing. When Silent Night has ebbed away, a breath of carol lingering, and we are held, this hour of grace, the still choir and candles shining round us, there's nothing more that we must do but stay where love has found us.

Stewardship, January 2016

Anne Greenwood

Moving Forward... Building Our Future

Your Stewardship Team is excited to announce the start of our 2016-2017 Campaign, inspired by the favorite song from Emma's Revolution, "Gonna Keep on Moving Forward." During the month of January we will be inviting you to participate as Connectors. To build on last year's successful "Getting Ready" campaign, we'll need sixty people to step up and join in the fun of connecting. We recently set a high bar for ourselves by pledging to rise above the lost school rental revenue and facility repairs.

Becoming a connector means having one-on-one or small group conversations with other members and friends who love this congregation like you do. It is talking about your hopes and what you believe is possible if we all pledge to work together, share resources and make our vision real.

If you'd enjoy learning more about this congregation, how we work and where we're going, send an email to stewardship @ uucb.org. If you're asked to participate say, "Yes!" And if you have the chance to be part of these conversations, do it with joy and generosity.

Your faithful Stewardship Team,

Anne Greenwood, Lisa Maynard, Jo Maxon, Bob Moore, Ira Nelken, Marta Tobey, Zackrie Vinczen and Rev. Greg Ward

A Capital Campaign Offering!!!

Anne Greenwood

Thank You, Thank You, Thank You

On behalf of the Capital Campaign Follow Up Team, we want to thank everyone for the donations made during the final offering for this Capital Campaign that began in November, 2013.

A total of \$19,565 came in on December 6th, plus \$10,000 that came in late fall designated for the final offering. Twenty-seven households made extra gifts and others contributed for the first time. One hundred twenty-eight households have completed their commitments and there are others who are on track to do so by December 31, 2015. If you were not able to complete your payments by December 31st, you can be assured they will be gratefully received on whatever schedule works for you. We more than met our challenge goal of \$750,000. We will update the final amount raised in the next Beacon, but we are over \$800,000. Congratulations to us all.

Jo Maxon, Anne Greenwood and Ellen Fisher

Social Justice, January 2016

Monthly Social Justice Pot Luck and Meeting – 6 pm Jan. 10 (second Sunday). All are welcome.

The Confronting Racism: Literature, Film & Drama Contingent (LFDC): LFDC ended the year realizing that it might just have to be *enough* that we recognize our own internalized biases and/or self-hatred, even if we cannot do much about what Robert Jensen terms "imperial racism" and Robert Fuller deems "rankism" in the world. We enjoyed a review of the play, *My Mañana Comes*; several of us will see *Disgraced* at Berkeley Repertory Theater.

We will begin 2016 by discussing *The New Jim Crow: Mass Incarceration in the Age of Colorblindness*, by Michelle Alexander, January 3, 12:15 pm in the Fireside Room. All are welcome. Contact Camillle Parker for more information.

Upcoming Events 2016: (1) Sunday, January 17, UUCB members and friends working on Confronting Racism will share some of their experiences. (2) February 20, the Social Justice Council is hosting a conference sponsored by the Contra Costa Racial Justice Coalition.

Social Justice Actions: Ceasefire Walks in Richmond Fridays at 7 pm.

GRIP: Volunteers from UUCB prepare and serve lunch to hungry and homeless people at the GRIP Souper Center in Richmond on the fourth Tuesday of every month. If you would like to volunteer, contact Ray.

After receiving new information from GRIP, the amount donated from the Harmony Walk reported in the December Beacon needs to be corrected and increased to \$4,613.23. Thank you to everyone who made donations.

UUCB donated the equivalent of about two dozen shopping bags of warm clothing for GRIP residents. Thank you for your generosity and to Camille Parker and Ray Westergard for delivering the clothes.

Read-Aloud: Volunteers needed to Read Aloud at local elementary schools in Richmond and San Pablo. Contact: Judy Sam or see Read-Aloud.org.

Good Neighbor for January: CCISCO, Contra Costa Interfaith Supporting Organization

"CCISCO helps everyday people win extraordinary victories by providing a vehicle for them to speak, act and engage in the public arena. We believe in the power of relationships and that by acting together on our common values, we can imagine and create a more just, equitable and inclusive world. CCISCO is committed to building civic engagement and increasing public participation by those most affected by injustice in Contra Costa County. We are a multi-racial, multi-generational, interfaith federation of 20 member institutions representing 38,000 families across our region."

Music Matters, January 2016

Bryan Baker, Director of Music

In April, UUCB will present the famous musical *Cabaret*. Auditions will be held on January 30 and 31 from 1 – 4 pm in the sanctuary. Please prepare a two minute (or shorter) monologue; 32 bars (or so) of a song in English (not from *Cabaret*). To schedule an audition appointment, please call (510) 527-5141. Information about the roles in *Cabaret* can be found at the following website: http://www.backstage.com/casting/cabaret-45051/

Wishing you harmony,

Bryan

Treasurer @ UUCB, January 2016

Mary Muehlbach, Treasurer

Santa came early this year—and gifted a congregation-approved revised FY15-16 budget for us all.

As expected, our October financial statements begin to show a year to date unrestricted deficit (\$6,057). Our endowment posted a \$47,833 unrealized gain in October as the markets took back some of the unrealized losses experienced in August and September.

The UUA has finalized a corporate restructure to create a holding company for endowment funds under their management. Effective January 1, 2016, all endowment accounts will roll over into UUA LLC, a new corporate entity with 501(c)3 status. We have completed the paperwork subject to a Board of Trustees resolution at our December 17 meeting.



With capital campaign funds almost completely expended, alas, no more six-figure checks to sign. Thank you, Dave and Larry, for shepherding these projects. We are all very grateful for your talents and dedication.

Wishing you the very best this holiday season with all your personal challenges and joys. On to 2016...

Namaste.

Building Projects Update, January 2016

John Cahoon, Larry Nagel, and David Rockhold

The Terrace project is nearing completion and will be complete when the custom-manufactured doors arrive early in January and are installed. The roof project should be complete by the time you read this, and the solar panels were reinstalled and delivering power to the grid by mid-December. The tree removal project is almost permitted and will be put out for bids in late December so that tree removal can begin in early January.

PLEASE STAY OFF THE FIRE TRAIL DURING TREE REMOVAL. There will be large, heavy equipment in operation, and this process is best observed from the safety of the Fireside Room or the Atrium. Please cooperate with the tree removal personnel to keep the UUCB campus safe.

Please bring any problems or concerns you may have to our attention immediately.

Ministerial Search Committee, January 2016

Stephanie Ann Blythe, Publicity Secretary

So what is your Ministerial Search Committee doing? After 247 UUCB members and friends completed the Congregational Survey and many of you participated in the focus groups and the Beyond Categorical Thinking workshop we had a mountain of testimony and data in front of us. From this we developed a Congregational Record which was made available to prospective ministers on November 30. That record describes who we are, where we want to go, and who we want to lead us going forward. There is a lot of data and statistics in the record as well.

Currently, we are working on an online information packet that extensively, if not exhaustively, describes all aspects of UUCB's congregational life. On or about January 2 the committee will see who is interested in us, and the information packet will be shared with them.

So now it is time for you, the members and friends to UUCB, to see what we are telling those prospective ministers. We have a website with a summary of the Congregational Survey. The timeline you have seen displayed in the Atrium is also there. More information will be posted as we go forward.

Come visit us at https://uucbminsearch.wordpress.com,

Cynthia Asprodites, Stephanie Ann Blythe, Kay Fairwell, Kathy Guarneri, Susan Lankford, Beth Pollard and Warren Zittel

Community Ministry @ UUCB

Rev. Sue Magidson, Community Minister

Hush, Hush, Somebody's Callin' My Name

What calls to you? Does it call loudly, insistently? Or is it a whisper, barely perceptible? Do you feel it deep in your body?

Do you heed the call? Ignore it? Postpone responding?

Many ministers speak of feeling called to ministry. Call stories come in all shapes and sizes, from a sudden Eureka moment to calls that develop slowly over many years. There may be multiple calls – to different congregations or organizations, to different types of ministry, traditional and entrepreneurial.

But call is not just for ministers and not just about vocation. You may feel called to create a home, leave a home, raise a family, travel around the world, plant a community garden, read to schoolchildren, live lightly on the earth. You may feel called to witness at the county detention center or on the streets of Richmond after a murder. Perhaps you feel called to serve as a worship or pastoral associate. Perhaps a particular way of being calls to you: hard worker; dreamer; visionary; quiet observer; leader; supporter. The list goes on.

Then there is the question of what calls to us as a religious community: Who are we called to become? What are we called to do? How do we want to focus our precious time, talent, and treasure? How do we as a group answer these questions?

At worship on Sunday, January 31, your affiliated community ministers will reflect on these themes. We warmly invite you to join us.

Rev. Cat Cox, Rev. Theresa Hardy, Rev. Jeremiah Kalendae, Rev. Sue Magidson, and Rev. Dr. Jane Ramsey

Active Imagination in the World – A Practical Method

Saturday, January 16, 9:30 a.m.-1 p.m., FiresideRoom

Led by Dr. Lori Goldrich

Suggested Donation: \$ 30 (includes artistic materials)

To register, email Lonnie Moseley or call (510) 655–1444.

Active Imagination in the World—A Practical Method will focus on the practical use of C.G. Jung's method of active



imagination as a pathway to bring what is arising in each of us somatically and on a feeling level into the world.

This technique is a way to "live images in life." By images we mean archetypes that are alive in us as feelings, intuitions, thoughts, and sensations.



There are so many important things happening in the personal, cultural, and collective psyche at this time that I feel it is vitally important to have at hand a practical method to connect the inner images with outer events, and outer happenings with inner happenings.

By learning how to apply this integrative method, the workshop participant will come to see that the self and world form an interconnected unity. Archetypes are not only inner images, they are social and environmental factors that are potentially active in the world.

Images from our imagination and dreams need to be worked with in living reality, which means that they need to be evoked and reflected upon in relationships and in the natural world, such as in the experience of beholding a great redwood tree and its age-old history; the tree being an archetype that is alive with numinosity and meaning.

This experiential workshop will make this linkage between psyche and the world clear. The participant will come to see that the two worlds, inner and outer, are non-dual. We will utilize the practice of active imagination to accomplish this task, which will include body-focusing exercises and creative modalities such as drawing and writing, as well as integrating our experience through dialogue together. (No artistic experience is necessary.)

Lori Goldrich, PhD, is a Jungian analyst and clinical psychologist in private practice. She is a music therapist and registered expressive arts therapist, with 30 years of clinical experience working with individuals, couples and groups. Her extensive personal background in exploring psyche and the creative arts informs her work, along with her deep interest in exploring creative ways to connect psychologically and spiritually with currents of socio-political-environmental events. Her contemporary analytic approach incorporates sandplay, movement, and other expressive arts into her clinical practice. Lori helped form the International Expressive Arts Therapy Association and has presented on active imagination in the Bay Area and nationally. She teaches at JFK University and the C.G. Jung Institute of San Francisco.

Holiday Fair 2015

Ann Harlow

Many thanks to all who donated items for sale, and to the many volunteers who pitched in to make it a success! We raised over \$500 in jewelry sales and \$900 in other sales.

Sunday Worship in January

Theme for the Month: Courage

Jan. 3 Who Shall Inherit the Church?, Nick Allen with Rev. Greg Ward

New year, old church. While the boat of liberal religion has always moved in the cultural tides, the institutional church has long offered a mooring. Many UUs now contend that our institutional survival demands we cast off from the congregation and move to choppier waters. Where do we float in a post-church society?

Jan. 10 When Diversity is Tested, Rev. Greg with Moses Canales Imagine you are in charge of diversity for a community. AND imagine the very diversity you help create feels so unpredictable, chaotic, even scary such that you begin to wonder about your own safety. If you can imagine this, then you can imagine what everyone on the planet is facing as technology and communication reveal how big are our differences and how small are the places we once hid to ignore them.

Jan. 17 **Strange Fruit**, Rev. Greg with Mary Muehlbach "Strange Fruit" is a song made famous by Billy Holiday, which talked about lynchings that terrorized communities of color for hundreds of years. The New Jim Crow and the Black Lives Matter campaign reveals that such strange fruit is still with us—even if it is packaged a little differently than it used to be.

Jan. 24 **What a Wonderful World,** Zackrie Vinczen with Mary Muehlbach

It's easy to be swept up in the mundane rhythms of daily life, but even

Personal Theology

Jan. 3 **Rev. Theresa Hardy**, UUCB Chaplain with VITAS Innovative Hospice Care in Fairfield; active in UUCB youth programs. *Perspectives on Grief, Death, and Dying in the Present Day*

Jan. 10 **Hana Matt**, teacher of world religions at GTU and Interfaith Chaplaincy; author and lecturer; spiritual director and counselor. *The Divine Feminine: Native/Indigenous Beliefs*

Jan. 17 Hana Matt (see bio above). The Divine Feminine: Hindu/Buddhist Beliefs

Jan. 24 Rosemary Bray McNatt, President of Starr King School for the Ministry; author of three books, including her memoir *Unafraid of* the Dark; former editor at N.Y. Times Book Review. What Unitarian Universalism Looks Like Twenty Years from Now

Jan. 31: **Jay Atkinson,** Minister Emeritus, UU Church of Studio City; writer and teacher; research scholar at Starr King; UUCB member. *Our Universalist Heritage*

Auction Items Needed

Ellen Fisher and Jane Lundin

- Events and Services -

Another on-line auction will start in January. Please contact Jane or Ellen about what you can offer, or fill out the form on the info table in

in those rhythms we can find moments of wonder. What is it about the world that continues to inspire us, despite the ordinary nature of day-to-day living?

Jan. 31 **Hush, Hush, Somebody's Callin' My Name**, UUCB's Affiliated Community Ministers with Mary Muehlbach. Join UUCB's affiliated community ministers on Community Ministry Sunday as we reflect on what calls each of us to do what we do and what calls to us as a religious community.

the atrium and leave it in Jane Lundin's mailbox. Let's Keep the FUN in FUNdraising!

The Unitarian Universalist Church of Berkeley's Covenant of Right Relations

We covenant to build a religious community guided by love and sustained by respectful relationships. • Believing that building healthy relationships is a spiritual practice, we aim to listen appreciatively, speak with care, express gratitude, honor our differences, and assume good intentions. • We endeavor to communicate directly, honestly, and compassionately, particularly when we are in conflict. • When we hurt one another, we will try to forgive, make amends and reconnect in a spirit of love. • In celebration of the common purpose that unites us, we will do our best to abide by this covenant.



September through May: Sunday Worship Services at 9 and 11 am, Wednesday Vespers at 7 pm.

May through August (Summer Schedule): One Sunday Service at 11 am. More at ucc.org you can also join the UCB

Google Discussion group to engage in energetic discussions and learn about what's happening in the lives of our congregation.







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